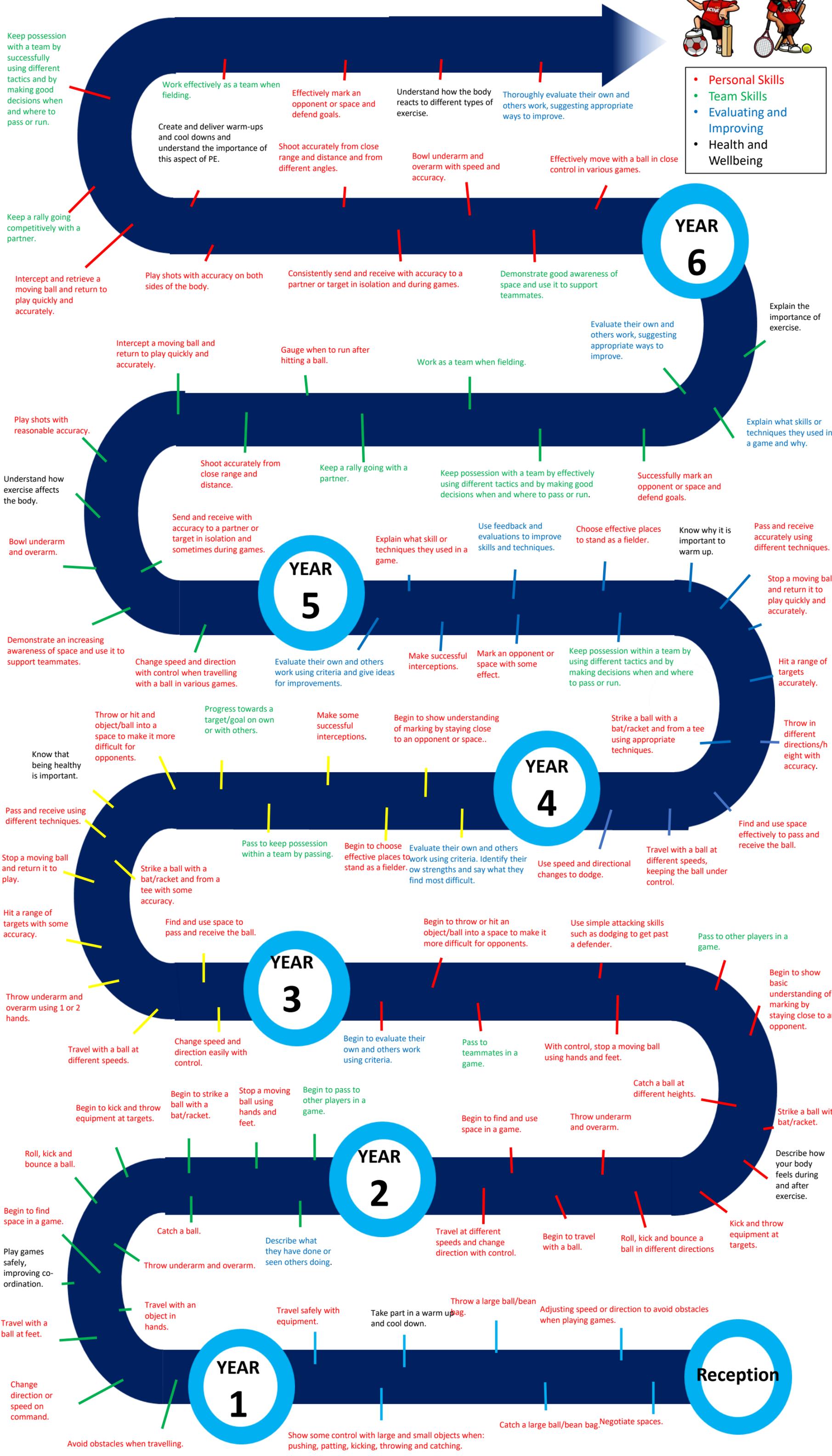


Games (PE) Learning Journey



- Personal Skills
- Team Skills
- Evaluating and Improving
- Health and Wellbeing



Keep possession with a team by successfully using different tactics and by making good decisions when and where to pass or run.

Keep a rally going competitively with a partner.

Intercept and retrieve a moving ball and return to play quickly and accurately.

Intercept a moving ball and return to play quickly and accurately.

Play shots with reasonable accuracy.

Understand how exercise affects the body.

Bowl underarm and overarm.

Demonstrate an increasing awareness of space and use it to support teammates.

Know that being healthy is important.

Pass and receive using different techniques.

Stop a moving ball and return it to play.

Hit a range of targets with some accuracy.

Throw underarm and overarm using 1 or 2 hands.

Travel with a ball at different speeds.

Roll, kick and bounce a ball.

Begin to find space in a game.

Play games safely, improving co-ordination.

Travel with a ball at feet.

Change direction or speed on command.

Avoid obstacles when travelling.

Work effectively as a team when fielding.

Create and deliver warm-ups and cool downs and understand the importance of this aspect of PE.

Play shots with accuracy on both sides of the body.

Intercept a moving ball and return to play quickly and accurately.

Shoot accurately from close range and distance.

Send and receive with accuracy to a partner or target in isolation and sometimes during games.

Change speed and direction with control when travelling with a ball in various games.

Throw or hit and object/ball into a space to make it more difficult for opponents.

Pass to keep possession within a team by passing.

Find and use space to pass and receive the ball.

Begin to strike a ball with a bat/racket.

Throw underarm and overarm.

Travel with an object in hands.

Travel safely with equipment.

Effectively mark an opponent or space and defend goals.

Shoot accurately from close range and distance and from different angles.

Gauge when to run after hitting a ball.

Keep a rally going with a partner.

Evaluate their own and others work using criteria and give ideas for improvements.

Make some successful interceptions.

Begin to choose effective places to stand as a fielder.

Begin to strike a ball with a bat/racket.

Stop a moving ball using hands and feet.

Catch a ball.

Travel safely with equipment.

Show some control with large and small objects when: pushing, patting, kicking, throwing and catching.

Understand how the body reacts to different types of exercise.

Bowl underarm and overarm with speed and accuracy.

Work as a team when fielding.

Keep possession with a team by effectively using different tactics and by making good decisions when and where to pass or run.

Make successful interceptions.

Mark an opponent or space with some effect.

Begin to show understanding of marking by staying close to an opponent or space..

Evaluate their own and others work using criteria. Identify their own strengths and say what they find most difficult.

Begin to throw or hit an object/ball into a space to make it more difficult for opponents.

Begin to evaluate their own and others work using criteria.

Travel at different speeds and change direction with control.

Take part in a warm up and cool down.

Throw a large ball/bean bag.

Thoroughly evaluate their own and others work, suggesting appropriate ways to improve.

Effectively move with a ball in close control in various games.

Demonstrate good awareness of space and use it to support teammates.

Evaluate their own and others work, suggesting appropriate ways to improve.

Use feedback and evaluations to improve skills and techniques.

Choose effective places to stand as a fielder.

Keep possession within a team by using different tactics and by making decisions when and where to pass or run.

Strike a ball with a bat/racket and from a tee using appropriate techniques.

Use speed and directional changes to dodge.

Use simple attacking skills such as dodging to get past a defender.

With control, stop a moving ball using hands and feet.

Begin to travel with a ball.

Adjusting speed or direction to avoid obstacles when playing games.

Catch a large ball/bean bag.

YEAR 6

YEAR 5

YEAR 4

YEAR 3

YEAR 2

YEAR 1

Reception

Explain the importance of exercise.

Explain what skills or techniques they used in a game and why.

Pass and receive accurately using different techniques.

Stop a moving ball and return it to play quickly and accurately.

Hit a range of targets accurately.

Throw in different directions/h eight with accuracy.

Find and use space effectively to pass and receive the ball.

Begin to show basic understanding of marking by staying close to an opponent.

Strike a ball with bat/racket.

Describe how your body feels during and after exercise.

Kick and throw equipment at targets.

Roll, kick and bounce a ball in different directions

Negotiate spaces.