

OAA (PE) Learning Journey



- Personal Skills
- Team Skills
- Evaluating and Improving

Demonstrate leadership when necessary.

Discuss strategies as a team and decide the most effective approach to use to overcome a challenge/task.

Evaluate strategies as a team and decide the most effective approach to use to overcome a challenge/task.

Orientate more challenging courses and courses in unfamiliar surroundings.

YEAR
6

Create a challenging orienteering course for others to follow.

Use a compass to navigate.

Identify ways of improving completion time by planning the quickest and most efficient routes.

Create an orienteering course for others to follow.

Quickly adapt and refine strategies to improve performance and overcome new challenges.

Work effectively as part of a team in different roles.

Begin to use a compass to navigate.

Communicate clearly with team-mates and other teams.

YEAR
5

Orientate themselves with accuracy around an orienteering course.

Reflect on strategies chosen and adapt approaches to improve performance.

Work effectively with others as part of a team.

Discuss and set strategies to overcome individual and group challenges.

YEAR
4

Reflect on strategies chosen.

Use maps and diagrams to orientate themselves with accuracy around a short trial.

Demonstrate cooperation and begin to work as a team.

YEAR
3

Use simple maps and diagrams of familiar environments to identify where they are and orientate themselves around a short trial.

YEAR
2

YEAR
1

Reception